



EMBRACE FERTILITY

IVF CYCLE COACHING | IVF 1:1 SUPPORT SESSIONS | EMBRACE FERTILITY SHOP

EVERYONE IS DESERVING OF *confidently* GOING THROUGH IVF.

EMBRACE FERTILITY is on a mission to *improve the IVF experience and empower women through expert guidance, personalized education, and compassionate support to be a better advocate and take control of their IVF journey.*

As a **fertility nurse & friend**, who has been on *both sides* of the endless needles and ultrasound wands, I know firsthand that fertility clinics are at capacity serving a vital purpose. Fertility medicine as a practice is focused on clinical treatment. And, *unfortunately*, emotional needs associated with care are often marked secondary, if addressed at all.

Education and **emotional care** with a neutral partner helping to make sense of it all, isn't par for the course...

THAT'S WHY I AM HERE. THAT'S WHY I CARE.

TO KEEP YOU MOVING FORWARD & EMBRACE YOUR JOURNEY, FULL OF HOPE.



SUPPORT OPTIONS WITH EMBRACE FERTILITY:

THE ULTIMATE IVF CYCLE COACHING EXPERIENCE

SOMETIMES YOU NEED MORE THAN YOUR FERTILITY CLINIC CAN PROVIDE. **AS YOUR IVF COACH, I HELP YOU HAVE A BETTER IVF EXPERIENCE** WITH EXPERT GUIDANCE, PERSONALIZED EDUCATION, & COMPASSION EVERY STEP.

THINK OF ME AS A **TRUSTED ALLY** TO BRIDGE THE GAP BETWEEN MEDICAL CARE & TRUE IVF SUPPORT SO YOU CAN **CONFIDENTLY NAVIGATE YOUR IVF CYCLE & BE YOUR OWN BEST ADVOCATE.**

BOOK A 1-1 CONNECTION CALL FOR MORE INFO

1-ON-1 FERTILITY SUPPORT SESSIONS

FERTILITY STRUGGLES BRING THE WHOLE SPECTRUM OF EMOTIONS FROM EXCITED TO ANXIOUS, & EVERYTHING IN BETWEEN.

THIS IS A SAFE SPACE TO DISCUSS YOUR FERTILITY CONCERNS & GOALS, VENT YOUR FRUSTRATIONS, AND ASK QUESTIONS TO **YOUR PERSONAL FERTILITY GURU!**

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IVF EMPOWERMENT & IVF MILESTONE CARD DECKS

BEAUTIFULLY DESIGNED TO **EMBRACE & INSPIRE** YOU TO KEEP GOING ON YOUR HARDEST DAYS.

USE THESE **ONE-OF-A-KIND** IVF CARD DECKS TO **GAIN CONFIDENCE + A BADASS MINDSET** FOR YOUR IVF JOURNEY!

FOUND AT THE EMBRACE FERTILITY STORE

Empowering you to **OWN F** out of your **IVF Journey!**

YOUR IVF COACH

- Lauren

FOR **FREE** RESOURCES, FERTILITY RECIPES, TIPS, & MORE EDUCATIONAL CONTENT, JOIN OUR MAILING LIST!